

Banafsheh Mohajerin

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Education

- **Ph.D. in Clinical Psychology,**

Shahid Beheshti University of medical Science, Tehran, Iran, December, 2018

Doctoral Dissertation Title: *Effectiveness of transdiagnostic treatment: Unified Protocol (UP) and Dialectical Behavior Therapy –Skill Training (DBT-SD) on transdiagnostic constructs and symptoms in individual with emotional disorders*

Supervisor: M. Bakhtiyari, Associate Professor of clinical psychology

- **Master of Psychology in Clinical Psychology**

University of Social Welfare and Rehabilitation Sciences, Tehran, Iran, February, 2013. **Master**

Dissertation Title: *Dimensions of emotion regulation in Opioid and Stimulant dependent patients,*

Supervisor: B. Dolatshi, Associate Professor of clinical psychology

- **Bachelor of Psychology in Clinical Psychology**

University of science and culture, Tehran, Iran, February, 2009.

Bachelor Dissertation Title: *Relationship between personality types and university major,*

Supervisor: A. Mahdavian, Assistant Professor of Education psychology

Honors

- ✓ First rank in comprehensive examination of Ph.D degree, 2014
- ✓ First rank and talented student during Ph.D degree. 2012-2017
- ✓ First rank and talented student during Master degree. 2010-2011
- ✓ Talented student during bachelor degree, 2005-2009

Research Interest

- ✓ Transdiagnostic Treatment
- ✓ Forensic Psychology
- ✓ Trauma-related Disorders especially Complex Trauma
- ✓ Psychopathic Personality
- ✓ Emotion Dysregulation

Publications

A-Journal Paper

1. **Mohajerin, B.**, Lynn, S. J., Bakhtiyari, M., & Dolatshah, B. (2020). Evaluating the unified protocol in the treatment of dissociative identify disorder. *Cognitive and Behavioral Practice, 27*(3), 270-289
2. **Mohajerin, B.**, Bakhtiyar, M., Olesnycky, O.S., Dolatshahi, B., & Motabi, F. (2019). *Application of a transdiagnostic treatment for emotional disorders to body dysmorphic disorder: A randomized controlled trial. Journal of affective disorders, 245, 637-644*
3. Mirlohi, S. M. R., **Mohajerin, B.**, Mirlohi, S. M. J., & Aref, N. M. (2017). Differences Between Expressive Suppression and Cognitive Reappraisal Between Heart Disease and General Population. *International Journal of Biomedicine, 7*(3), 192-195.
4. **Mohajerin, B.**, Dolatshahi, B., Shahbaz, A. P., & Farhoudian, A. (2013). Differences between expressive suppression and cognitive reappraisal in opioids and stimulant dependent patients. *International journal of high risk behaviors & addiction, 2*(1), 8.

B- Conferences Papers

1. **Mohajerin, B** .Bakhtiary, M., Parvizain, F., Tahmasebi, B(2019). *Psychometric properties of Anxiety Sensitivity Index 3(ASI-3) in non-Clinical population of Iran*. Oral Presentation at the 5TH National conference on recent innovations in psychotherapy application and empowerment, Tehran, Iran
2. **Mohajerin, B.**& Tahmasebi, B.(2018). *Psychometric properties of the Persian version of the Canadian problem gambling index (cpgi)*.Oral presentation at the 12th International addiction Science Congress. Tehran, Iran
3. **Mohajerin, B.**(2013). *Transdiagnostic treatments for Obesity*. Oral presentation at 4th Iran obesity congress, Tehran, Iran.
4. **Mohajerin, B.** & Bakhtiary, M.(2019).*Childhood traumatic experiences and obesity in eating-disordered populations*. Accepted at the 7th conference of prevention obesity, Tehran, Iran

C-Books

1. Ehdaie Vand, F., Bakhtiari, M., Salimi, S.H., Sadeghi, A., Tehranchi, K., Arab Alidost, F., ...**Mohajerin,B**(2015). *How recognize and correct couples' cognitive errors and misunderstand*. Tehran, Iran. Shahid Beheshti University of medical Science,(in Farsi).
2. Ehdaie Vand, F., Bakhtiari, M., Salimi, S.H., Sadeghi, A., Tehranchi, K., Arab Alidost, F., ...**Mohajerin, B.**(2015). *Things couple should know at the beginning of their material life..* Tehran, Iran. Shahid Beheshti University of medical Science, (In Farsi).
3. Ehdaie Vand, F., Bakhtiari, M., Salimi, S.H., Sadeghi, A., Tehranchi, K., Arab Alidost, F., ...,**Mohajerin,B.**(2015). *Anger management*. Tehran, Iran. Shahid Beheshti University of medical Science, (In Farsi).
4. Ehdaie Vand, F., Bakhtiari, M., Salimi, S.H., Sadeghi, A., Tehranchi, K., Arab Alidost, F., ...,**Mohajerin, B** (2015). *Communication skills for better marital life* Tehran, Iran. Shahid Beheshti University of medical Science,(In Farsi).

EXPERIENCE:

Clinical Experience

1. **Private Psychotherapy, Tehran, Iran (2011- August, 2020)**
2. **Counseling student health center, Amirkabir University of Technology, Tehran, Iran.**
October, 2013- August,2020
Title: Clinical Psychologist
Responsibility: Psychotherapy and assessment services provided for college students and adult community members in a university- based behavioral health clinic.
3. **Counseling student health center, Shahid Beheshti University of medical Science, Tehran, Iran. October, 2016- March, 2017.**
Title: Pre-doctoral Intern
Responsibility: Psychotherapy and assessment(*SCID-I-IV & SCID-II DSM-IV, The Wechsler Adult Intelligence Scale (WAIS-IV) MMPI ,MCMI , Rorschach test and The Thematic Apperception Test*), services provided for students, families, and adults in a university-based behavioral health clinic. Supervised modalities included cognitive-behavior therapy, DBT, Schema and UP.
Supervisors: Maryam Bakhtiari, Ph.D
4. **Ahmadi Heath Center, Tehran, Iran.(October, 2016 –January 2017)**
Title: Pre-doctoral Intern
Responsibility: Provided individual, family, couple, and group psychotherapy for children, adults and families with a diverse array of clinical concerns (ADHD, Psychotic disorder, anxiety, depression, bipolar, OCD, PTSD, dissociative disorders, eating disorders, personality disorders, marital affairs, etc.).Duties included intelligence and projective and objective assessment for Axis I & II disorders; as well as provide treatment plans, supervision for master and Ph.D. level students.
Supervisor: Abbas Masjedi,Ph.D.& Mohammad Emami, Ph.D
5. **Psychological clinic , Teleqani Hospital, Tehran, Iran (April 2016- October 2016)**
Title: Pre-doctoral Intern

Responsibility: Provided individual, family, couple, and group psychotherapy for children, adults and families with a diverse array of clinical concerns (Autism, ADHD, Learning Disorders, Psychotic disorder, anxiety, depression, bipolar, OCD, PTSD, dissociative disorders, eating disorders, personality disorders, marital affairs, suicidal crisis etc.). Duties included intelligence and projective and objective assessment for Axis I & II disorders; writing clinical assessment reports for individuals who referred from Iranian Legal Medicine organization, as well as provide treatment plans and supervision for master and Ph.D level students. Collaborate with psychiatrists.

Supervisor: Maryam Bakhtirai, Ph.D., Abbas Masjedi, Ph.D. & Mohammad Emami, Ph.D

6. **Ershad primary mental health center**, Tehran, Iran (September 2015- April 2016)

Title: Pre-doctoral Intern

Responsibility: Provided clinical assessments, couple and marital counseling psychotherapy

Supervisor: Maryam Bakhtirai, Ph.D., & Abbas Masjedi, Ph.D..

7. **Psychological Clinic, Teleqani Hospital, Tehran, Iran (February 2013- September 2016)**

Title: Pre-doctoral Intern

Responsibility: Provided individual, family, couple, and group psychotherapy for children, adults and families with a diverse array of clinical concerns (Autism, ADHD, Learning Disorders, Psychotic disorders, anxiety, depression, bipolar, OCD, PTSD, dissociative disorders, eating disorders, personality disorders, marital affairs, suicidal crisis etc.). Duties included Administer intelligence and projective and objective assessment for Axis I & II disorders and provided treatment plans, collaborated with other clinical psychologists and psychiatrists, engage in weekly individual, group, and peer supervision, present cases in supervision, attend weekly trainings in a variety of therapies and specific treatments techniques.

Supervisors: Maryam Bakhtiari, Ph.D., Abbas, Masjedi, Ph.D and Mohamad, Emami, Ph.D

8. **Psychiatric section of Teleqani hospital** (January 2016-April 2016)

Title: Pre-doctoral Intern

Responsibility: Provide inpatient individual therapy for adults with a diverse array clinical concerns, conduct psychological evaluations (psychotic disorders anxiety, depression, bipolar disorders, eating disorder and personality disorders), implementing a variety of assessment instruments (MMPI, MCMI-III, Rorschach test). Write psychological evaluation reports.

Supervisors: Abudllah Farhadi Nasab. MD. & Ali Kheradmandi, MD.

9. **Psychiatric section of Emam Hossein Hospital**, Tehran, Iran.(March 2014- September 2014)

Title: Pre-doctoral Intern.

Supervisors: Alireza Zahiredin MD

10. **Sina mental health Clinic**, Tehran, Iran. (March 2011- September 2012).

Title: Clinical Psychology student, master degree

Responsibility: Conduct IQ testing (WAIS-IV) and Personality tests (MMPI and MCMI-III) Obtain social/developmental history of children, adolescents, and adults to determine. Write comprehensive reports for all cases. Engage in weekly individual supervision, present cases in supervision and attend weekly trainings in a variety of therapies and specific treatments techniques

Supervisors: Parvaneh Mohammadkhani, Ph.D & Behrouz Dolatshahi, Ph.D

11. **Razi Psychiatric Hospital** (October 2010- September 2011).

Title: Clinical Psychology student, master degree

Responsibility: Administer SCID-I and SCID-II for inpatients adults with a diverse array clinical concerns especially Psychotic disorders. Engage in weekly individual, group, and peer supervision. Attend weekly trainings in a variety of therapies and specific treatments techniques

Supervisors: Omid Rezaei, MD and Behrouz Dolatshahi, Ph.D

Reviewer

- ✓ Personality and Individual Differences - Journal – Elsevier (ISI)
- ✓ Current Psychology - Springer (ISI)

Teaching Experience

- ✓ **Development Psychology**, Department of nursing for bachelor level students, Shahid Beheshti University of medical Science, Tehran, Iran October, 2013

Teaching Assistantship

- ✓ **Family and group therapy**, Department of Clinical psychology, Shahid Beheshti University of medical Science, Tehran, Iran October, 2015 &2016
Group therapy and cognitive-behavioral therapy for couples for Master's level students.

Workshop

- ✓ **Life skills Training**, Amirkabir University of Technology, Tehran, Iran.2014
- ✓ **Psychological strategies and COVID-19 pandemic**, Labbainezhad Hospital, Tehran, Iran, 2020

Computer Skills

- ✓ SPSS
- ✓ LISREL

Executive experiences

- ✓ Member of executive committee the 3th Iranian Psychology Association, Tehran, Iran. 2011
- ✓ Member of executive committee the 1th Health of universities Congress, Tehran, Iran,2011

Participation in conference

- ✓ The 1th Bipolar spectrum disorders Congress, Tehran, Iran.2011
- ✓ The 1th Suicide prevention congress, Tehran, Iran, 2019

Participation in Workshop

1. The fundamentals of Cognitive Behavioral Therapy (CBT) , Tehran, Iran,2011
2. Cognitive Behavioral Therapy (CBT) for Social anxiety disorder,, Tehran, Iran.2011
3. Cognitive Behavioral Therapy (CBT) for Depression Disorder, Tehran, Iran.2011
4. Cognitive Behavioral Therapy (CBT) for Obsessive -Compulsive Disorder, Tehran, Iran.2011
5. Learning Dialectical Behaviour Therapy, Tehran, Iran,2012

Professional Membership

- ✓ Iranian psychological Association, 2010- Present
- ✓ Psychology and counseling organization of IR Iran 2019-Present

Languages

- ✓ English
- ✓ Farsi